

CREAMED TUNA ON TOAST

1 Jar Kimmel's Albacore Tuna
1/4 cup marg. or butter
1/2 tea. salt, dash of pepper
1 hard-boiled egg chopped
2 cups milk, 1/4 cup flour

Drain tuna, break into chunks.
Melt butter, blend in flour & Salt.
Add milk gradually & cook until
thick, stirring constantly with
whisk or fork. Add tuna and
chopped egg. Pepper to taste.
Heat & serve on toast, corn bread
or biscuits. Add pimento for
color. Serves 4

ALBACORE SPREAD

1 Jar Kimmel's Albacore Tuna
3 oz cream cheese softened
1/2 cup mayonnaise
Dash garlic powder or chopped clove
Dash of lemon
1/2 cup dairy sour cream

Mix all ingredients. Chill & serve
with chips

ALBACORE TUNA-NOODLE
CASSEROLE

1 Jar Kimmel's Albacore Tuna	2 or 3 chopped green onions
1 can cream of mushroom soup or cream of chicken soup	1 package egg noodles (8 to 10 oz.)
1 cup of Milk	1 cup crushed potato chips

Rice may be substituted for noodles.

Break tuna into chunks. Cook noodles or rice according to directions and drain. Open can of soup, add milk, pepper, and chopped onions and pour into a greased 2 qt. casserole. Mix well and add rice or pasta. Bake in microwave until heated through or cook in a 350 degree oven for 30 min. or until hot. Add crushed potato chips for last 5 min.

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Serve with a tossed salad or fruit and cottage cheese for a fast meal.

TOSSED GREEN SALAD
WITH TUNA

Lettuce (head or leaf)
Tomato, Red Onions
Garlic croutons
Parmesan cheese
Cucumbers
1 Jar Kimmel's Albacore Tuna
Italian dressing or favorite
dressing

Make a tossed salad and just before
serving, break up chunks of
Albacore and mix into the salad.
Sprinkle the cheese on top
and cover with favorite dressing

LUNCHEON BROILERS

8 halves English muffins
1 Jar Kimmel's Albacore tuna
2 tablespoons minced celery
1/2 cup mayonnaise
2 tablespoons minced onion
Grated jack cheese

Mix 1st 4 ingredients, spread on
muffins, sprinkle with cheese &
broil until bubbly and lt. brown.